Name
Address
Phone
Date of Birth
Occupation/School
Emergency Contact Person and number
Partner/relationship Status
Who referred you to me?
What brings you to counseling today?
Are you currently seeing a Psychiatrist? Yes No
Are you currently taking any medications? Please list:
Have you ever been hospitalized?
Have you had previous counseling?
Was it helpful?
Have you had any suicide attempts, self-destructive behaviors, or violent behaviors?
Please list any past/present drug or alcohol use. Are you currently using and how much? Has it affected your work or your relationships?
Currently, what are your main worries or fears?